

THE FAMILY MODEL:

Becoming mature men & woman and parents for the next generation:

The Goal is to become mature: -

Eph 4:11-15...

11 It was he who gave some to be apostles, some to be prophets, some to be evangelists, and some to be pastors and teachers,

12 to prepare God's people for works of service, so that the body of Christ may be built up

13 until we all reach unity in the faith and in the knowledge of the Son of God **and become mature**, attaining to the **whole measure** of the fullness of Christ.

14 Then we will **no longer be infants, tossed back and forth by the waves, and blown here and there by every wind of teaching and by the cunning and craftiness of men in their deceitful scheming.**

15 Instead, speaking the truth in love, we will in all things grow up into him who is the Head, that is, Christ.

The greatest person to lead is **YOURSELF!**

The Greek word for *self-control* comes from a root word meaning "to Grip" or "take hold of".

<u>Character Driven People</u>	<u>Emotion Driven People</u>
Do right, then feel good	Feel good, then do right
Are commitment driven	Are convenience driven
Make principle based decisions	Make popular based decisions
Action controls attitude	Attitude controls action
Believe it, then see it	See it, then believe it
Create momentum	Wait for momentum
Ask: "What are my responsibilities?"	Ask "what are my rights"
Continue when problems arise	Quit when problems arise
Are steady	Are moody
Are Leaders	Are followers

We all need to be character driven to make a difference

Jesus the greatest model of Self-leadership

Jesus knew his calling, what he was about and was never hurried or distracted:

Mark 1:35-39...Very early in the morning, while it was still dark, **Jesus got up, left the house and went off to a solitary place, where he prayed.** 36 Simon and his companions went to look for him, 37 and when they found him, they exclaimed: **"Everyone is looking for you!"** 8 Jesus replied, **"Let us go somewhere else-- to the nearby villages-- so that I can preach there also. That is why I have come."** 39 So he travelled throughout Galilee, preaching in their synagogues and driving out demons.

The difference between the CLOCK & the COMPASS

Jesus was able too put first things first always: - True self-leadership is the ability to keep the main thing the main thing!

Clock

Represents: - Commitments, appointments, schedules, goals, activities.
What we do with and how we *manage* our time:

Compass

Represents: - Vision, values, principles, mission, conscience, direction
What we feel is important and how we *lead* our lives

THE FRUSTRATION GAP:

CLOCK  **COMPASS**

The inability to walk our talk: Feeling trapped, controlled by other people or situations. Feeling empty

Always responding to Crisis.

Constantly caught up in the "thick of thin things"

Management asks: - "am I doing things right?"

Leadership asks: - "am I doing the right things?"

Self leadership requires focussing on the main thing.

THE URGENT VS THE IMPORTANT

*What is the one activity that you **know** if you did superbly well and consistently would have significant positive results in your personal life?*

*What is the one activity that you **know** if you did superbly well and consistently would have significant positive results in your work life?*

*If you **know** these things would make such a significant difference, why are you not doing them now?*

How much of your life is determined by the urgent?

Urgent

Not Urgent

1. Crisis Pressing problems Deadline – driven projects, Meetings, preparations	2. Preparation Prevention Values Planning Relationship building Re-creation Empowerment
3. Interruptions Phone calls Popular activities	4. Trivia, busywork Junk mail Escape activities

Self leadership need to encompass 4 areas:

SPIRITUAL – LEAVE A LEGACY, MEANING, PURPOSE

MENTAL - DEVELOP & GROW

PHYSICAL – FOOD, SHELTER, HEALTH

SOCIAL – RELATING WITH OTHERS, BELONGING, TO LOVE

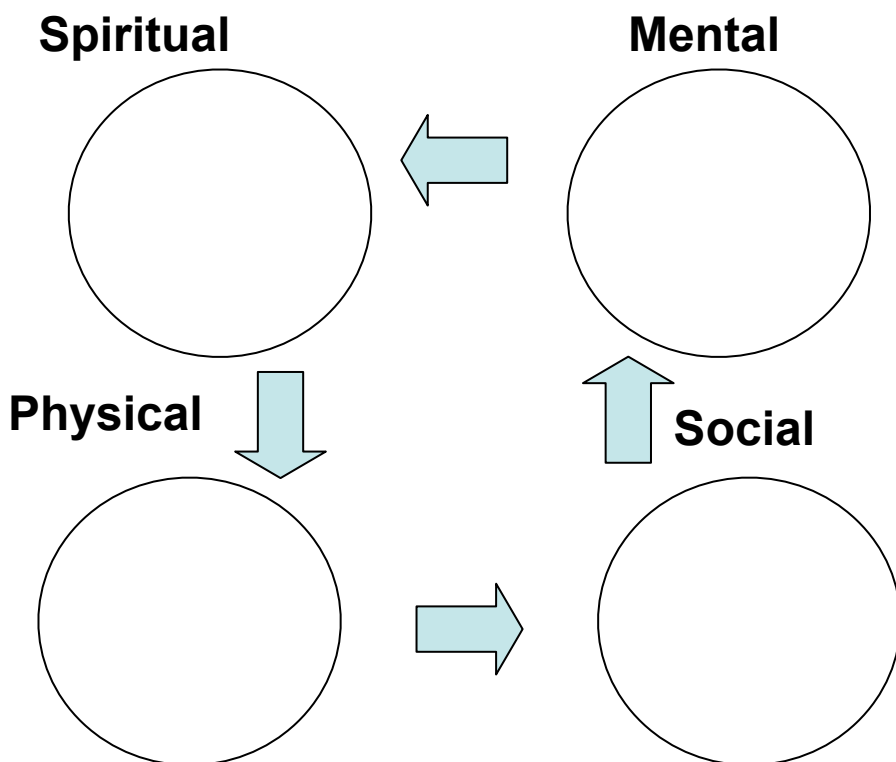
LIVE (PHYSICAL)

LOVE (SOCIAL)

LEARN (MENTAL)

LEGACY (SPIRITUAL)

FINDING BALANCE - SYNERGY BETWEEN ALL 4 IS KEY TO BEING ALL GOD HAS FOR YOU TO BE



Diaries are not just about time!

Organising your life around what's important:

Remember:

Management asks "am I doing things right?"

Leadership asks "am I doing the right things?"

How do I know what's the important things to do?

Q. What are my roles?

- Make a list of each role you have
- Organise them into priority
- Set a goal for each role

Each week organise your diary around your roles.

Emotional balance:

When you look at a diary... you must realise that each hour represents emotional energy either used or given...

Balancing your diary is more about balancing your emotional capacity than your time...

Use a code to help you see...Red / Amber / Green

A good FATHER is self-disciplined: - (self-leadership)

You cant father properly when you are constantly feeling depleted and on reserve...

We must father out of the overflow of our own disciplined lifestyle...

Fathering is an EASY yoke when we are disciplined

The fact is we reproduce what we are...not what we say we are! – integrity!

Children become what we are...not what we teach...

How do we father? / Influence

Fathering is all about influencing:

How do we Father?: 4 Levels of influence:

1. Model:

- Demonstrating by our lives
- Living out what we talk

Issue of integrity:-

Mumps & Measles

The issue of integrity today is perhaps as great as it has ever been. And it is absolutely essential for anyone who desires to become a spiritual father.

Pauls method was always model & imitate:

1Thes 1:5-7...because our gospel came to you not simply with words, but also with power, with the Holy Spirit and with deep conviction. You know how we lived among you for your sake. You became imitators of us and of the Lord; in spite of severe suffering, you welcomed the message with the joy given by the Holy Spirit. And so you became a model to all the believers in Macedonia and Achaia.

Observation + Imitation = Transformation

Modelling is doing those things with others.

2. Motivate (Assist) – giving feedback as they do

- **Nurture:-** “Love them”
“Affirm Them”

“With out Love, there can be no connection, no future and no success together”

- Tell them you love them
- Write to them
- Give them gifts
- Make them feel loved
- Don't ever assume people know how you feel
- Always show great respect

Love gives people a sense of security

People grow the most in a secure environment!

Fathers create secure environments that produce organic growth/

Encourage – When a person feels encouraged, he can face the impossible and overcome incredible adversity

For most people it is not what they are that holds them back, it's what they think they are not!

Change your words:

What are you saying over them?

How:

- Commit to them
- Believe in them
- Be accessible to them
- Open doors of opportunity

Have Faith in People

**Faith is demonstrated in action –
give them things to be faithful in.**

To help people believe they can achieve victory, put them in a position to experience small success.

From dependence to Inter-dependence

- Believe in them before they succeed
- Emphasise their strengths
- Help them to remember their success

Listen

A good father listens more than he talks.
People want to be heard!

Rule: - !Seek first to understand, before being understood'

Man who sets up a listening company

Some Keys to Listening:

- Look at the person
- Don't interrupt
- Try to understand – Facts & Feelings
- Check you emotions
- Don't make quick judgements
- Always check what you have heard

Root not the fruit!

Always ask – “what is the root of this problem”

Never get distracted by the fruit.

3. Mentoring (watch) – giving feedback after

- **The ability to “unpack” you**
 - Enlarge people one step at a time
 - Always remember – you will never achieve as much or go as fast
- Expect everything to take time**
- Teaching children – **Can I help Dad?**

Connecting – Football illustration

- Connect people to others that can teach them more
- Expose them to lots of different people

Empowering

When you delegate responsibility always delegate authority
Responsibility with no authority = frustration

4. Multiply (Leave)

Understand authority boundaries
Father / Grandfather

Your responsibility as a Spiritual father will never cease...
just change...

The boundaries of authority change...